



Yorkshire Freestyle Ski Squad Selection Criteria 2007



The Yorkshire Freestyle Ski Squad is a Performance Team that promotes Freestyle Skiing and serves as a feeder squad for the elite England and Great Britain Squads. The aim is to coach and nurture young performance athletes to achieve international honours with the ultimate aim being competing in the World Cup, World Ski Championships and Winter Olympics.

Selection takes place in May each year and is based on results in competition and commitment to training. Results obviously play a large part in deciding squad structure as it is results in competition that reflect the strength of the squad. Technical ability and commitment obviously play a major role in deciding the longevity of performers in the squads. Results need to be correlated chronologically to ensure maintenance or development of performance.

With Moguls the overall score is a fair indicator of ability and performance in a number of different competitions. Therefore, the selection criteria in this discipline can readily fall in line with GB and England selection. It is recognised that there are different performance indicators between male and female athletes and we in line with FIS recognise this when correlating competition results.

Because Nu Skool competitions have variable marking schemes between different competitions, only relative performance within one competition can be considered. Therefore, a percentage model is applied.

We also recognise that Freestyle Skiing is a highly technical discipline as it involves All Mountain skills. Therefore competition in and training for Alpine events is also taken into consideration, especially in Moguls and Skier Cross.

There are a number of different national and regional competitions that count towards squad selection. These competitions are those recognised or affiliated to the Home Nations Ski Associations (England, Scotland, Wales, Northern Ireland) and include the Moguls competitions held at Kendal, Xscape, Aberdeen and Sheffield; Slopestyle at Stoke; the Orange Aims Series held at various UK locations; the Orange Brits in Laax. We do not take into account local competitions. Please take advice from the Selectors if you are unsure.

Yorkshire Squad Selectors' Panel

Peter Handford-Styring (Squad Manager)

Martin Carr (Chairman of Yorkshire Freestyle)

Please remember selection for a squad is not a right of passage: it must be earned. Because an individual is in a particular squad one year it does not necessarily mean they will remain in that squad in subsequent years. Like any successful sports squad there will be movement in and out of and between squads. Members of squads are required to sign an agreement that covers behaviour and commitment. Anyone who persistently disregards that agreement may be removed from the squad having been given sufficient warnings.

Selection Criteria

To qualify for a particular squad, a performer must have competed in at least 3 events (Moguls and/or Nu Skool) and have made the qualifying standard in at least 2 separate competitions (on different dates).

Yorkshire A

Moguls: Score over 12 in competition on an artificial surface or on snow.

Nu Skool: Finish in the top 30% of competition (split Male/Female).

Yorkshire B (Breakthrough)

Moguls: Score over 6 in competition on an artificial surface or on snow.

Nu Skool: Finish in the top 60% of competition (split Male/Female).

Yorkshire Development

Moguls: Score over 3 in competition on an artificial surface or on snow or demonstrate the ability in training to achieve this is open competition.

Nu Skool: Show ability in competition and training.

Alpine Performance

We will monitor results from Alpine competitions such as slalom and giant slalom as well as crossover events such as Skier Cross when making decisions. This will be particularly important for members specialising in the Moguls discipline.

Training Commitments

It is recognised that some squad members are not local and so not every training session can be attended. However it is expected that squad members will train at least once in every two week period (holidays excluded). When training they must abide by the terms and conditions of squad membership.

Recognised training sessions are held at Sheffield Ski Village on Thursday evenings (Nu Skool, 6.30-8.30 pm) and Saturdays (Moguls, 9-10 am winter and 12-1 pm summer) and on snow at Sno!Zone, Xscape Castleford when scheduled. For those specialising in Moguls then the Sno!Zone sessions are particularly important. For Nu Skool, participation at Rossendale Grom Camps is also considered valuable training. There are also Mountain X sessions at SSV on Saturday afternoons which tend to be more fun sessions, however we do use them for visiting Performance Coaches to deliver excellent squad sessions. The water ramp also operates over the summer months for those wanting to practice jumps. We also acknowledge the importance of alpine training so encourage Race Training as a complementary training activity. We are looking into the introduction of Logbooks to monitor training and competition.

1. Entry into a squad will require the performer AND their parent/guardian to sign the Terms and Conditions of the Yorkshire Squad relating to performance, training and behaviour prior to acceptance being confirmed.
2. While athletes are members of any England or GB Squad they become Graduates of the Yorkshire Squad. Once National membership ends they may return to the Yorkshire Squad so long as selection criteria are achieved.



NAME _____

Yorkshire Freestyle Squad

Terms and Conditions of Membership and Code of Conduct

1. In order to come into consideration for selection to the Yorkshire Freestyle Squads you should have met the published selection criteria.
2. Members of the Yorkshire Freestyle Squad will automatically become Graduates of the Yorkshire Squad once they make the England B Team or higher squad.
3. Members of the Yorkshire Freestyle Squads must register as a freestyle competitor with a Home Nations Governing Body (Snowsport England, *etc*).
4. Details of when selection is will be notified in advance on the Freestylesnowsports website, as well as other people who have registered an interest directly.

Squad Training

Squad training will take place at Sheffield Ski Village on Thursdays and Saturdays. Training will be targeted towards forthcoming competitions, however in general the structure is:

- **Saturday: Moguls** Coaching 9 am-10 am during the winter and 12 pm-1 pm during the summer. **Mountain X** 1 pm to 3 pm (winter); 1.30 pm to 3.30 pm (summer). **Aerials water ramp:** as notified during the summer (min. age 10 for squad members).
- **Thursday:** Technique and Nu Skool Coaching 6.30 pm to 8.30 pm.

Yorkshire Squads Code of Conduct

All squad members are required;

1. To train seriously, regularly and with commitment to the objective of improving the skilfulness of their skiing to the safe limit of their ability.
2. To train seriously, regularly and with commitment to the objective of improving their level of fitness to meet that set by the Squad Manager / Coach.
3. To ensure that they are adequately covered by insurance at all times.
4. To abstain from tobacco and drugs other than permitted prescribed medication. To not consume alcohol on the day prior to and during competition. To not consume alcohol on any day whilst in training. To only drink moderately outside these periods.
5. To adhere to programs and targets agreed with the Squad Manager and/or Coach.
6. To aid the development of the sport by attending prize giving ceremonies and accepting their trophies *etc* with appropriate dress, manners and due respect for the organisers and sponsors.
7. To set worthy examples to all National and Yorkshire Federation Skiers as well as home club skiers.
8. To accept the authority of Squad Officials showing respect and courtesy.
9. To keep the Squad Manager informed at all times with respect of injuries, illness, training programmes, activities & competition results
10. To be a member of a Freestyle club within the Region.
11. To behave at all times in a manner which will enhance their own progress and bring credit to themselves, the Squad and the sport of Freestyle Skiing. This includes general discipline and safety on the slopes, respecting other users.
12. Agree to be filmed for training purposes some of which will be made available on the Freestyle Snowsports Website. Anyone wishing to opt out should tick the box:
13. To carry an Squad Membership Card complete with recent photograph when training, particularly at Xscape.

I confirm that I have read and understood the above information and confirm my agreement to abide by the Code of Conduct

Signature of Performer _____ Date _____ Performer Reg No. _____

Yorkshire Freestyle Club _____ Signature of Parent or Guardian _____ Date _____

For more information see www.freestylesnowsports.co.uk