

## Martin Carr

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**Sent:** 25 January 2006 08:45  
**Subject:** British Freestyler achieves good result in Czech Republic despite -35c

British Freestyle mogul skier Martin Nankoo – ranked 103 – competed in the Europa Cup competition held in [Dolni Morava](#) Czech Republic this week (23<sup>rd</sup>/24<sup>th</sup> Jan) in very difficult conditions.

After a gruelling 15 hour journey to Dolni Morava, Martin (un-sponsored) found that the first competition had been cancelled due to very bad weather and bad visibility.

Martin has been training round the clock since the summer months introducing new jump disciplines such as back flips to help improve his scoring potential and hopes of landing him a good placing for World Cup competition.

Due to the conditions training runs for the second competition were limited and Martin had to contend with the weather temperature dropping as the day went on.

Martin must have thought that his chances of gaining a good score was very limited as he had to wait in the start gate for at least 30 minutes in minus 35 degrees (wind chill) whilst the previous racer was attended to by the course official for a broken knee.

Despite this set back Martin skied really well and went big on the jumps and finished in 22<sup>nd</sup> place out of 76 competitors, missing out on 21<sup>st</sup> place by 00.01 of a point.

Martin commented 'After the long wait in the gate I felt really cold even though I was doing my very best to keep warm. I was relieved to hear the countdown for my run and came out of the gate concentrating on a good run. I felt I skied really well and went big on the jumps; I'm pleased with the back flip as getting more confident with it. I felt I could have skied faster, which would have improved my placing, but put it down to the fact I was really cold.

I feel that all my training is paying off as I am skiing well with confidence and very please with the execution of my jumps. This performance has given me good incentive and I am eager to get to Italy for the World Cup in Madonna this weekend (28<sup>th</sup> Jan) and looking to achieve what I hope will be my best result of my career'.

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